

Rank	100 Meters	Time	Year	Rank	200 Meters	Time	Year	Rank	400 Meters	Time	Year
1	Marzette Penton	11.6	1994	1	Marzette Penton	24.4	1994	1	Linda Jones	54.94	1975
2	Linda Jones	11.6	1975	2	Linda Jones	24.4	1975	2	Ariel Reeves	57.64	2007
3	Janice Coleman	11.8	1977	3	Anna Ovale	25.3	1987	3	Anna Ovale	58.1	1986
4	Ariel Reeves	12.18	2007	4	Evelyn Taylor	25.7	1979	4	Evelyn Taylor	58.1	1983
5	Denise Davis	12.2	1977	5	Artrell Hayes	26.1	1982	5	Monique Marshall	59.65	2002
6	Jackie Davis	12.3	1987	6	Denise Davis	26.2	1979	6	Jennifer Stauffer	59.7	1983
7	Anna Ovale	12.3	1993	7	Karen Collins	26.2	1984	7	Christi Mixon	60.6	1977
8	Kim Myers	12.3	2004	8	Jeniphyr Moxley	26.34	2004	8	Karen Collins	60.6	1984
9	Jeniphyr Moxley	12.38	1992	9	Gwen Babutzke	26.4	1977	9	Zoe Ostrander	60.86	2006
10	Ashley Herrera	12.62	2018	10	Taneisha Johnson	26.46	2016	10	Sade Daniel	60.84	2003

Rank	800 Meters	Time	Year	Rank	1600 Meters	Time	Year	Rank	3200 Meters	Time	Year
1	Sheila Kaskie	02:15.1	1978	1	Sheila Kaskie	05:10.20	1978	1	Sheila Kaskie	10:37.30	1979
2	Ashaki Malloy	02:19.6	1991	2	Tatiana Smith	05:12.36	2016	2	Dianne Johnson	11:07.40	1978
3	Christy Carlson	02:21.2	1991	3	Traci Bulick	05:13.80	1995	3	Traci Bulick	11:14.60	1995
4	Kristi Keene	02:21.7	1989	4	Kivi Johnson	5:16.56	2021	4	Kivi Johnson	11:22.12	2021
5	Heather Nabours	02:22.8	1987	5	Dianne Johnson	05:19.70	1978	5	Tatiana Smith	11:22.71	2016
6	Toni Flowers	02:23.15	2017	6	Micaela Rasmussen	05:21.10	2010	6	Micaela Rasmussen	11:36.30	2010
7	Martha Hunter	02:24.1	1984	7	Martha Hunter	05:21.50	1985	7	Suyong Jenerette	11:42.80	1984
8	Renee Decuire	02:24.1	2002	8	Savanna Hardman	05:23.72	2019	8	Martha Hunter	11:43.20	1986
9	Dianne Johnson	02:24.6	1978	9	Christy Carlson	05:24.20	1990	9	Tatiana Smith	11:48.70	2016
10	Sarah Foley	02:25.4	1994	10	Sara Jacobs	05:26.10	1995	10	Savanna Hardman	11:49.93	2021

Rank	100 Meter Hurdles	Time	Year	Rank	300 Meter Hurdles	Time	Year	Rank	Shot Put	Distance	Year
1	Sabrina Dial	15.5	1984	1	Kathleen Ballweber	45.66	2012	1	Janet Hamer	41' 4"	1988
2	Charyse King	15.8	1998	2	Kristi Keene	46.4	1991	2	Brittany Tillman	40' 1.5"	2005
3	Charnay Thomas	15.9	1994	3	Keema Ward	47.3	1999	3	Jessica Chesarek	39' 3.75"	1989
4	Lashanda Rivers	15.9	1984	4	Kim Anderson	47.7	1987	4	India Willaims	38'9"	2018
5	Destiny Davis	16.13	2017	5	Melissa Marshall	47.7	2001	5	Mahana Latali	38'7"	2011
6	Jessica Chesarek	16.5	1988	6	Marta Bednarczyk	47.9	1997	6	Jacque Tutt	37' 10"	1985
7	Stephanie Stevens	16.8	1980	7	Sabrina Dial	48	1985	7	Kiesha Martin	37' 7"	1993
8	Jennifer Fofa	16.81	2010	8	Ariel Bannister	48.11	2019	8	Kirsten Parker	36' 10"	1996
9	Amy Porter	16.9	1988	9	Jessica Chesarek	48.1	1989	9	Kiyia Van Scoyoc	36' 8"	2013
10	Marta Bednarczyk	16.90	1996	10	Samara Jamison	48.48	2004	10	Vania Moe	36' 7"	1995

Rank	Discus	Distance	Year	Rank	Javelin	Distance	Year	Rank	Pole Vault	Height	Year
1	Sydney Spoja	130'6"	2012	1	Stephanie Bizzard	112' 1"	2002	1	Sienna Ramirez	9'7"	2017
2	Janet Hamner	128' 9"	1988	2	Michelle Dudley	125' 5"	2002	2	Tatiana Smith	9'0"	2016
3	Latrece Weakley	125' 02"	2006	3	Myra Questel	104'10"	2011	3	Sarah Rillera	8' 6"	2011
4	Tusalava Kuaea	117' 9"	2009	4	Laniyah Knox	100' 7"	2021	3	Alexis Randall	8'6"	2018
5	Kirsten Parker	116' 11"	1996	5	Makayla Fontanilla	100'3"	2019	4	Jade Dungca	8'3"	2018
6	Theresa Lanier	115' 10"	1977	6	Katie Williams	97'3"	1998	5	Ashley Mendez	8' 0"	2013
7	Tori Daniel	115' 2"	1993	7	Angie Harlow	93' 6"	2011	5	Abigail Bailey	8'0"	2021
8	Mahana Lutali	115' 0"	2009	8	Elizabeth Gomez	90'8"	2017	5	Brandy Blanco	7' 6"	2015
9	India Williams	114'8"	2018	9	Allison Pierson	90'1"	2019	6	Celest Zinn	7'6"	2019
10	Nichelle Spencer	114' 2"	1985	10	Jasmyne James	88' 4"	2021	6	Alexis Cudney	7'6"	2019

Rank	Long Jump	Distance	Year	Rank	Triple Jump	Distance	Year	Rank	High Jump	Height	Year
1	Denise Davis	18' 7.75"	1981	1	Ke'sha Dawson	36' 9"	1989	1	Kim Brown	5' 6"	1977
2	Marzette Penton	18' 7"	1995	2	Toni Flowers	35'11.75"	2018	2	Destiny Gray	5'5"	2017
3	Eleanor Thomas	18' 4"	1982	3	Candace Davis	35' 10.5"	1994	3	Courtney Morrow	5' 3"	1995
4	Ke'sha Dawson	17' 9.5"	1989	4	Mykah Okoro	35' 10"	2019	4	Dawn Rollo	5' 3"	1987
5	Kathleen Ballweber	17'9.25"	2013	5	Kathleen Ballweber	34'8"	2013	5	Samara Jamison	5' 3"	2004
6	Destiny Davis	17'8.5"	2017	6	Lindsey McNaughton	34' 5"	1995	6	Gwen Babutzke	5' 2"	1977
7	Candace Davis	17' 8.25"	1993	7	Jennie Pegouskie	34' 4.75"	2006	7	Latonya Tidwell (12)	5' 2"	2008
8	Sabrina Dial	17' 6.75"	1985	8	Danielle Huntley	34' 4"	1993	8	Sabrina Dial	5' 0"	1985
9	Evelyn Taylor	17' 0.5"	1979	9	Ashli Mies	34' 4"	2013	9	Jasmine Williams (10)	5'0"	2011
10	Kiayah Hughes	17' 0.5"	2015	10	Joanna Chesarek	33' 8"	1989	10	Brooke Mortenson (12)	5'0"	2011
					Kyla Hamilton	33' 4"	1997				

Rank	400 Relay	Year	Rank	Rank	800 Relay	Year	Rank	Rank	1600 Relay	Year	Rank
1	48.6	1976	1		01:42.60	1980	1		04:03.86	1991	1
2	48.8	1981	2		01:44.70	1981	2		04:05.25	2013	2
3	49.2	1982	3		01:45.25	1982	3		04:05.90	1987	3
4	49.5	1988	4		01:45.09	2013	4		04:06.30	1988	4
5	49.5	1994	5		01:45.89	2012	5		04:08.50	1984	5
6	49.52	1993	6		01:46.30	1995	6		04:08.92	2008	6
7	49.83	2016	7		01:46.59	2003	7		04:09.10	1990	7
8	49.87	2003	8		01:47.0	2018	8		04:09.59	2007	8
9	50.00	1999	9		01:47.04	1999	9		04:10.90	1989	9
10	50.07	2017	10		01:47.33	2004	10		04:11.01	2002	10

Rank	100 Meters	Time	Year	Rank	200 Meters	Time	Year
1	Dorien Simon	10.59	2018	1	Wayne Penton	21.57	1992
2	Reggie Williams	10.74	2000	2	Dorien Simon	21.57	2019
3	Isaac Swillie	10.81	2014	3	Isaac Swillie	21.65 (hand)	2015
4	Anthony Wright	10.83	2009	4	Reggie Williams	21.84	2000
5	Kevin Thompson	10.87	2013	5	Myron Wise	21.6	1990
6	William Knight	10.91	1988	6	Dale Blanchard	21.8 (220yds converts to 21.7)	1974
7	Darren Coleman	10.7h	1984	7	William Knight	21.7	1987
7	Myron Wise	10.7h	1990	8	Mike Secright	21.8	1986
7	Wayne Penton	10.7h	1992	9	Darren Coleman	21.8	1983
7	Craig Garner	10.7h	2005	10	Craig Garner	22	2005
7	Kelvin Miller	10.7h	2007				
Rank	400	Time	Year	Rank	800 Meters	Time	Year
1	William Knight	47.20	1987	1	Izaic Yorks	1:51.50	2012
2	Myron Wise	47.80	1990	2	Rick McMartin	1:54.3 (880 yds converts to 1:53.7)	1976
3	Cristian Adams	48.12	2000	3	Les Baker	1:54.9	1983
4	Wayne Penton	48.26	1992	4	Curt Corvin	1:55.4	1982
5	Calvin Harris	48.6 (440 yds converts to 48.3)	1987	5	Myron Wise	1:56.2	1990
6	Shawn Moss	48.40	1992	6	Curtiss Hall	1:57.1 (880 yds converts to 1:56.5)	1990
7	Marquin Russell	49.09	2011	7	Ken Whalen	1:56.9	1988
8	Mike Robinson	49.29	1984	8	Stephen Nelson	01:57.7	2014
9	Mike Jahns	49.6 (440 yds converts to 49.3)	1976	9	Al Rice	1:58.0 (880 yds converts to 1:57.4)	1980
10	Craig Logan	49.6 (440 yds converts to 49.3)	1980	10	James Costigan	1:58.15	2000
10	Darren Coleman	49.3	1984				
Rank	1600 Meters	Time	Year	Rank	3200 Meters	Time	Year
1	Izaic Yorks	4:04.0 (state record)	2012	1	Curt Corvin	9:00.1	1983
2	Curt Corvin	4:06.29	1983	2	Izaic Yorks	9:05.43	2012
3	Ed Glass	4:14.79	1986	3	Steve James	9:09.4 (2 miles, converts to 9:06.3)	1978
4	Seth Bridges	4:18.38	2008	4	Joe Gray	9:10.3	2002
5	Steve James	4:20.1 (mile, converts to 4:18.6)	1978	5	Cruize Corvin	09:14.44	2021
6	Cruize Corvin	04:19.32	2021	6	Seth Bridges	9:15.0	2008
7	Joe Gray	4:19.80	1983	7	Ed Glass	9:15.1	1986
7	Les Baker	4:19.8	1974	8	John Slee	9:32.6	1984
8	Bruce Manclark	4:26.5 (mile, converts to 4:25)	1989	9	Jarek Rasmussen	09:38.94	2014
9	Dave Perkins	4:26.6	2014	10	Zander Trevino	9:41.46	2021
10	Jarek Rasmussen	04:26.61					

Rank	110 Meter Hurdles	Time	Year	Rank	300 Meter Hurdles	Distance	Year
1	Dale Coleman	14.1	2012	1	Myron Wise	37.1	1990
2	Myron Wise	14.2	1988	2	Darrin White	38.9	2007
3	Marcus Kerley	14.4	2006	3	Zarrion Hill	38.99	2017
4	Corky Proctor	14.6	2009	4	Roger McIntosh	39	1999
5	Pat Rogers	14.6	1996	5	Richard Weston	39.1	1986
6	Gante Price	14.64	1977	6	Gante Price	39.22	2008
7	Steve Meyer	14.7	1993	7	Keyon Springle	39.49	2016
8	Charles King	14.8	2009	8	Robert Knight	39.83	2002
9	Dontae Anderson	14.9	1985	9	George Patterson	40	1999
10	Marquee Williams	14.98	2011	10	Marquee Williams	40.2	2000

Rank	33" Hurdles	Time	Year	Rank	Pole Vault	Height	Year
1	Pat Rogers	38.7	1982	1	Nicholas Bartling	14'7"	2018
2	Corky Proctor	38.8	1980	2	Dave Quinn	14'3"	1968
3	Greg Dial	39.1	1984	3	Byron Wetherholt	13'6"	1974
4	Mike Sullivan	39.9	1981	3	Stimson	13'6"	1980
				3	Mike Turner	13'6"	1982
				4	Rick White	13'0"	1986
				5	Joe Tellex	12'6"	1981
				5	Shane Pollack	12'6"	1988
				5	Jeff Coffelt	12'6"	1991
				6	Keyon Springle	12'1"	2016

Rank	High Jump	Height	Year	Rank	Long Jump	Distance	Year
1	James Cunningham	6'11.75"	1980	1	Myron Wise	23'9.5"	1989
2	Dan Connolly	6'10"	1987	2	Demetrius Bell	23'2"	1991
3	Myron Wise	6'8"	1989	3	Mike Washington	22'9.25"	1976
4	Mike James	6'9"	1982	4	Richard Weston	22'9.25"	1986
5	Brian Stimson	6'6"	1975	5	Isaac Swillie	22'8"	2015
6	Dwight Stewart	6'6"	1977	6	Pat King	22'7"	1992
7	Raheem Reggler	6'5"	2004	7	Darren Coleman	22'6"	1983
8	Eugene Blake	6'5"	1974	8	Kelvin Miller	22'3"	2007
9	Dennis Upton	6'5"	1974	9	Cody Roe	22'2.25"	2018
10	Christian Chance	6'4"	2018	10	Tony Glasque	22'2.25"	1976
10	Raheem Reggler	6'4"					

Rank	Triple Jump	Distance	Year	Rank	Shot Put	Distance	Year
1	Reggie Williams	48'4"	2001	1	Ed Smith	58'10"	1972
2	Fred Cummings	47'7"	1975	2	Damien Coaxum	58'4"	1999
3	Demetrious Bell	47'6.75"	1991	3	Ben Daniels	57'1.5"	1982
4	Tyler Rogers	47'2.5"	2010	4	Virgil Jones	56'1.25"	1987
5	Jim Redden	46'10.25"	1972	5	John Gillespie	54'10"	1978
6	Shawn Credle	45'10"	1994	6	Bill Gillespie	54'9.5"	1977
7	Jermaine Kearse	45'10"	2008	7	Mino Pele	54'6.5"	1994
8	Terry Whitaker	45'7.75"	1986	8	Aaron Butler	54'5.5"	2000
9	Alex Dangtuw	45'1"	2017	9	Anthony Fuertes	54'0.75"	1997
10	Greg Dial	44'11.5"	1984	10	John Leech	53'11"	1976
Rank	Discus	Distance	Year	Rank	Javelin	Distance	Year
1	Damien Coaxum	175'8"	2000	1	Anthony Watson	182' 7"	2005
2	Jim Turner	165'1"	1975	2	Casey Pyle	177' 2"	2003
3	Mark Ausmus	163'1"	1976	3	John Colvin	168'7"	2015
4	Dave Porter	156'4"	1981	4	Matt Edgecomb	166' 3 '	2007
5	Virgil Jones	156'4"	1987	5	Sage Dixon Galbreath	164' 6 '	2012
6	Anthony Fuertes	156'4"	1997	6	Jerimiyah Dunbar	156'7"	2016
7	Steve Hawkins	156'3"	1989	7	Reese Martinez	153'11"	2019
8	Joel Jonczyk	155'6"	1974	8	Zachary Panui	152'9"	2018
9	John Colvin	155'4"	2015	9	Matt Bornander	152'5 '	2003
10	Greg Flores	150'0"	1993	10	Jackson McFarlin	150' 5"	2006
Rank	400 Relay	Year	Rank	1600 Relay	Year		
1	41.68	2018	1	03:17.09	1992		
2	42.19	2000	2	03:17.60	1986		
3	42.2h	1987	3	3:17.0'	1980		
4	42.25	1992	4	03:18.00	1987		
5	42.27	2019	5	03:18.10	1980		
6	42.3h (440 yds converts to 42.3)	1993	6	3:19.2'	1983		
7	42.29	2017	7	03:19.41	1988		
8	42.43	2019	8	3:19.6'	1976		
9	42.44	2001	9	3:20.1'	1975		
10	42.49	2014	10	03:20.50	2012		
10	42.49	2017					